

National Trail Schoos District Consumer Notice of Tap Water Lead Result

Dear Consumer:

National Trail School District operates a public water system (PWS) responsible for providing drinking water that meets state and federal standards. A drinking water sample for lead was collected at five locations and the following are the results:

Amount of Lead in Water: 0.9 µg/L
Action Level for Lead: 15 micrograms per liter (µg/L)
Location of sample: LC201 – K8 Café Sink
Sample collection date: 08/28/24

This Tap Water Lead Result Was *Less Than* 15 µg/L.

Amount of Lead in Water: 0.8 µg/L
Action Level for Lead: 15 micrograms per liter (µg/L)
Location of sample: LC202 – 9-12 Drinking Fountain – 2nd Floor
Sample collection date: 08/28/24

This Tap Water Lead Result Was *Less Than* 15 µg/L.

Amount of Lead in Water: 0.6 µg/L
Action Level for Lead: 15 micrograms per liter (µg/L)
Location of sample: LC203 – Rm 501 Sink
Sample collection date: 08/28/24

This Tap Water Lead Result Was *Less Than* 15 µg/L.

Amount of Lead in Water: 0.6 µg/L
Action Level for Lead: 15 micrograms per liter (µg/L)
Location of sample: LC204 – 300 Wing Drinking Fountain
Sample collection date: 08/28/24

This Tap Water Lead Result Was *Less Than* 15 µg/L.

Amount of Lead in Water: 1.1 µg/L
Action Level for Lead: 15 micrograms per liter (µg/L)
Location of sample: LC205 – Football Field Hyd
Sample collection date: 08/28/24

This Tap Water Lead Result Was *Less Than* 15 µg/L.

What Is Being Done?

Our 90th percentile value for lead is 1.0 µg/L. This value does not exceed the action level, therefore, there are no actions being implemented at this time other than sharing this consumer notice.

What Does This Mean?

Under the authority of the Safe Drinking Water Act, the U.S. Environmental Protection Agency (EPA) set the action level for lead in drinking water at 15 µg/L. This means PWSs must ensure that water from taps used for human consumption do not exceed this level in at least 90 percent of the sites sampled (90th percentile value). The action level is the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a

PWS must follow. Because lead may pose serious health risks, the EPA set a Maximum Contaminant Level Goal (MCLG) of zero for lead. The MCLG is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

What are the Health Effects of Lead?

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones, and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

Where Can I Get Health Screenings and Testing of Blood Lead Levels?

Contract your family doctor for health screenings and testing of blood levels. The Preble County Health District located at 615 Hillcrest Drive, Eaton, Ohio 45320. They can be contacted at 937-456-0087. Their website address is www.preblecountyhealth.org.

What Can I Do to Reduce Exposure to Lead if Found in My Drinking Water?

- **Run your water to flush out lead.** If water has not been used for several hours, run water for thirty seconds to two minutes before using it for drinking or cooking. This helps flush any lead in the water that may have leached from the plumbing.
- **Use cold water for cooking and preparing baby formula.** Do not cook with, drink water, or make baby formula from the hot water tap. Lead dissolves more easily in hot water.
- **Do not boil water to remove lead.** Boiling water will not reduce lead.

What are the Sources of Lead?

Lead is unusual among drinking water contaminants in that it seldom occurs naturally in water supplies like rivers and lakes. Lead enters drinking water primarily as a result of corrosion, or wearing away, of materials containing lead in the plumbing. Buildings built prior to 1986 are more likely to have lead pipes, fixtures, and solder. New buildings can also be at risk, since even legally 'lead-free' plumbing may contain up to 8 percent lead. The most common problem is with brass or chrome-plated brass fixtures which can leach significant amounts of lead into water, especially hot water.

For More Information, Please Contact: Brian Smith at the school at 937-733-9721; visit US EPA's Web site at www.epa.gov/lead; call the National Lead Information Center at 800-424-LEAD; or contact your health care provider.